1. Why do you Pray?
2. Why don't you pray and what prevents you?
3. What can you improve intentionally as of today?
4. What is God's intent for prayer (Jeremiah 29:11)

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5. What is the secret of prayer? (Hebrews 13:8)
6. What changes do you need to make in your life to develop your relationship with God in prayer?
7. What are the specific areas, people, circumstances, nations that you know He wants you to pray for?

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8. Read the following scriptures, talk to God about them, and then write out what God is telling you about prayer: Matt 5:44-45, Matt 9:36-38, 1 Tim 2:1, and Eph 6:18.
9. Take a few minutes and sit in the presence of the Lord, say nothing, try to picture His presence all around you. Then ask the Lord to show you how He sees youwrite it down.

10. Take ONE negative thing you are dealing with currently (i.e. ange
hurt by something/one, etc), present it to the Lord. Now ask Him what H
thinks about this issue and what He wants you to do. Write it down.